







# August

# 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Church Service 1:30 bowling	2 10:00 Chair yoga 1:30 Bingo	3 10:00 coffee time
4 9:45 Hymn Sing/Church Service 10:45 story time	5 10:00 News Group 1:30 Knitting 	6 9:30 crafts 1:30 out in the garden 6:00 Dave Riley and Friends	7 10:00 exercise 12:45 scenic drive 2:00 Baking	8 10:00 Glooscap Dogs	9 10:00 exercises 1:30 Bingo	10 10:00 coffee time 
11 9:45 Hymn Sing/Church Service 10:45 story time	12 10:00 News Group 1:30 Knitting 1:30 men's coffee group	13 9:30 crafts 1:30 washer toss 6:00 Country Entertainers	14 10:00 exercise 1:30 memorial service	15 10:30 Church Service 1:30 bowling	16 10:00 Chair yoga 1:30 Bingo 	17 10:00 coffee time
18 9:45 Hymn Sing/Church Service 10:45 story time	19 10:00 News Group 1:30 Knitting 	20 9:30 crafts 1:30 out in the garden 6:00 Rule 62	21 10:00 exercise 12:45 scenic drive 2:00 Baking	22 1:30 Carnival Day 	23 10:00 Chair yoga 9:45 Shopping outing 1:30 Bingo	24 10:00 coffee time 1:30 Straight Shot
25 9:45 Hymn Sing/Church Service 10:45 story time	26 10:00 News Group 1:30 Knitting 1:30 men's coffee group	27 9:30 crafts 1:30 washer toss 6:00 B-Day party Mixed company	28 10:00 exercise 1:30 baking	29 10:30 Church Service 1:30 cards	30 10:00 Chair yoga 1:30 Bingo	31 10:00 coffee time