

# Dykeland Calendar

## July 2022

Contact us if you have any questions.

\*outings have limited space

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 10:00 exercises - Sola 1:30 Canada Day Celebration - Sola	<b>2</b> 10:00 Friendly Visits - Sola 1:30 Bowling - Sola
<b>3</b> 10:00 Friendly Visits - Sola 1:30 Glad Tidings - Sola	<b>4</b> 10:00 Did You Know - Sola 1:30 Spelling Bee - Sola	<b>5</b> 10:00 World Music - Sola 1:30 Bingo - Sola 2:45 Tai Chi - Sola 6:00 Evening Games - Sola	<b>6</b> 10:00 Gardening - Sola 1:30 Rule 62 - Sola	<b>7</b> 1:30 Karaoke - Sola 1:30 Exercises - Sola	<b>8</b> 10:00 exercises - Sola 1:30 Arm Chair Travel - Sola	<b>9</b> 10:00 Friendly Visits - Sola 1:30 Relaxing in Garden 1:30 Movie - Sola
<b>10</b> 10:00 Friendly Visits - Sola 1:30 Glad Tidings - Sola	<b>11</b> 10:00 Did You Know - Sola 1:00 scenic drive	<b>12</b> 1:30 Bingo - Sola 2:45 Tai Chi - Sola 6:00 Camp Fire Songs - Sola	<b>13</b> 10:00 Crafts - Sola 1:30 Country Roots - Sola	<b>14</b> 10:30 Hymn Sing - Sola 1:30 exercises - Sola	<b>15</b> 10:00 exercises - Sola 1:30 Games Outside - Sola	<b>16</b> 10:00 Friendly Visits - Sola 1:30 Bowling - Sola
<b>17</b> 10:00 Friendly Visits - Sola 1:30 Glad Tidings - Sola	<b>18</b> 10:00 Did You Know - Sola 1:30 Avon Strings - Sola	<b>19</b> 10:00 World Music - Sola 1:30 Bingo - Sola 2:45 Tai Chi - Sola 6:00 Evening Games - Sola	<b>20</b> 10:00 Balloon Volleyball - Sola 1:00 scenic drive	<b>21</b> 10:30 Church Service - Sola 1:30 Exercises - Sola	<b>22</b> 10:00 exercises - Sola 1:30 Games Outside - Sola	<b>23</b> 10:00 Friendly Visits - Sola 1:30 Relaxing in Garden 1:30 Netflix Documentary - Sola
<b>24</b> 10:00 Friendly Visits - Sola 1:30 Glad Tidings - Sola	<b>25</b> 10:00 Did You Know - Sola 1:00 scenic drive 1:30 Baking - Sola	<b>26</b> 10:00 exercises - Sola 1:30 Bingo - Sola 2:45 Tai Chi - Sola 6:00 Evening Games - Sola	<b>27</b> 10:00 Crafts - Sola 1:30 Resident Council and Tea	<b>28</b> 10:30 Hymn Sing - Sola 1:30 exercises - Sola	<b>29</b> 10:00 exercises - Sola 11:00 Anglican Communion Service - Sola 1:30 Games Outside - Sola	<b>30</b> 10:00 Friendly Visits - Sola 1:30 Bowling - Sola
<b>31</b> 10:00 Friendly Visits - Sola 1:30 Glad Tidings - Sola						

Sola - Solarium

Programs are subject to change