

August 2023

Bus outings have limited space and a waitlist - Please sign up with Recreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00am Stretch and Strength - SOL 1:00pm Celebrate Dykeland: website and recruitment campaign - SOL 6:00pm Live Music with RULE62 - SOL	2 10:00am Drumfit - SOL 11:00am Drumfit - Wallace 1:00pm Scenic Drive - OUT 2:00pm Sweating to the Oldies - SOL	3 9:30am Coffee Hour/resident council 10:00am Hymn Sing - SOL 1:30pm Church Service - SOL	4 10:00am Daycare Visit - Time with Tots - Gard 1:30pm Spa Day - SOL	5 10:00am Saturday Social - SOL 1:30pm Outdoor time
6	7 Happy Natal Day! 9:30am Friendly Visits on Units 10:30am Word Games and Brain Games 1:30pm Gardening - SOL	8 10:00am Stretch and Strength - SOL 1:00pm Scenic Drive - OUT 1:30pm Bingo - SOL 6:00pm Games - SOL	9 10:00am Crafts - SOL 10:30am Men's Club in Wallace - SOL 1:30pm CRIBBAGE tournament - SOL 1:30pm Games - SOL	10 9:30am Coffee Hour/resident council 1:30pm Karaoke - SOL	11 10:00am Daycare Visit - Time with Tots - Gard 12:00pm BBQ - SOL 1:30pm Kirk Ross in the Garden - SOL	12 10:00am Friendly Visits on Units 1:30pm Outdoor time
13 	14 9:30am Friendly Visits on Units 10:30am Word Games and Brain Games	15 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Live Music - Dave Riley + Friends - SOL	16 10:00am Drumfit - SOL 1:00pm Scenic Drive - OUT 1:30pm Milk Shake Social - SOL	17 9:30am Coffee Hour/resident council 1:30pm Gospel Troop	18 10:00am Daycare Visit - Time with Tots - Gard 1:30pm Blueberry Grunt baking - SOL 	19 10:00am Saturday Social - SOL 1:30pm Outdoor time
20 	21 9:30am Friendly Visits on Units 10:30am Word Games and Brain Games 1:30pm Gardening - SOL	22 10:00am Stretch and Strength - SOL 6:00pm Indoor Campfire - SOL	23 10:00am Crafts - SOL 10:30am Men's Club in Wallace - SOL 2:00pm Summer Showcase - SOL	24 9:30am Coffee Hour/resident council 10:30am Church Service - SOL 1:30pm Summer Fun Day - SOL	25 10:00am Daycare Visit - Time with Tots - Gard 11:00am Anglican Communion Service - SOL 1:30pm Summer Tea - SOL	26 10:00am Friendly Visits on Units 1:30pm Outdoor time
27	28 9:30am Friendly Visits on Units 10:30am Word Games and Brain Games	29 10:00am Stretch and Strength - SOL 1:00pm Scenic Drive - OUT 1:30pm Bingo - SOL 6:00pm Boardgames - SOL	30 10:00am Drumfit - SOL 11:00am Drumfit - Wallace 1:30pm Movie - SOL	31 9:30am Coffee Hour/resident council 1:30pm Church Service - SOL		

Programs are subject to change