## November 2023

\*Bus outings have limited space and a waitlist - Please sign up with Recreation\*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:00am Crafts 11:00am Men's Club in Wallace 1:30pm Baking - SOL	9:30am Coffee Time 10:30am Church Service - SOL 1:30pm bowling - SOL	1:30pm Games - SOL 2:30pm Lexicon - Burden Lane	,
5	6 10:00am Fun and Fitness - SOL 1:30pm Knitting and Crafting Club - SOL 3:00pm KES kid visit - SOL	<b>7</b> No Bingo Today, Sorry! 10:00am Stretch and Strength - SOL 6:00pm Live Music with RULE62 - SOL	8 10:00am Drumfit - SOL 11:00am Drumfit - Wallace 1:00pm Scenic Drive - OUT 1:30pm Did you know - SOL	9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Rocks and Rings - SOL	2:30pm Kitchen music	<b>11</b> Rememberance Day 10:00am Saturday Social - SOL 1:30pm 1:1 Virtual Reality with Wayne - SOL
12	World Kindness Day  10:00am Exercises - SOL  1:30pm 1:1 Virtual  Reality with Michaela	14 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 3:00pm Sensory Fun Wallace - Vari	15 10:00am Crafts 11:00am Men's Club in Wallace 1:30pm Santa and Mrs Clause visit - SOL	9:45am Coffee Hour/resident council - Wall 10:30am Church Service - SOL 1:30pm Gospel Troop	1:30pm Afternoon Tea -	18 10:00am Saturday Social - SOL 2:00pm Knitting with community - SOL
19	20 10:00am Fun and Fitness - SOL 1:30pm Knitting and Crafting Club - SOL 3:00pm KES kid visit - SOL	Strength - SOL 1:30pm Bingo - SOL 6:00pm Live Music - Dave	<b>22</b> 10:00am Drumfit - SOL 11:00am Drumfit - Wallace 1:30pm Friendly Visits - SOL	9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Karaoke - SOL	9:00am Fall/Winter Photos 9-3 - SOL 10:00am Time with Tots 11:00am Anglican Communion Service - SOL 1:30pm Baking - SOL 2:30pm Kitchen music with Wayne BL - SOL	25 10:00am Saturday Social - SOL 1:30pm Movie - SOL
26	27 10:00am Exercises - SOL 1:30pm Woodshop - SOL 1:30pm 1:1 Virtual Reality with Michaela 3:00pm KES kid visit - SOL		29 10:00am Crafts 11:00am Men's Club in Wallace 1:30pm Cribbage Tournament - SOL	9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Balloon Volley Ball - SOL		