

January 2024

Bus outings have limited space and a waitlist - Please sign up with Recreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00am Fun and Fitness - SOL 11:00am Mens Exercise - Wallace 1:30pm Knitting and Handiwork - SOL	2 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Live Music with RULE62 - SOL	3 10:00am Drumfit - SOL 11:00am Drumfit - Wallace 1:30pm Snowball games - SOL	4 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Movie - SOL	5 10:00am Time with Tots 1:30pm Rocks and Rings - SOL 2:30pm Lexicon - SOL 	6 10:00am Sensory Fun in Solarium - SOL 1:30pm Movie - SOL
7 	8 10:00am Exercises - SOL 11:00am Mens Exercise - Wallace 1:30pm Woodshop - SOL 3:00pm KES kid visit - SOL	9 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Boardgames - SOL	10 10:00am Crafts 10:30am Men's Club in Wallace 1:30pm Jeopardy - SOL	11 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Karaoke - SOL	12 10:00am Time with Tots 1:30pm Baking - SOL 2:30pm Lexicon - SOL	13 10:00am Sensory Fun in Solarium - SOL 1:30pm bowling - SOL
14 	15 10:00am Fun and Fitness - SOL 11:00am Mens Exercise - Wallace 1:30pm Knitting and Handiwork - SOL 3:00pm KES kid visit - SOL	16 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Live Music - Dave Riley + Friends - SOL	17 10:00am Drumfit - SOL 11:00am Drumfit - Wallace 1:30pm Cribbage Tournament - SOL	18 9:30am Resident Council and Coffee - SOL 10:30am Church Service - SOL 1:30pm Gospel Troop	19 10:00am Time with Tots 1:30pm Winter Tea - SOL	20 10:00am Sensory Fun in Solarium - SOL 1:30pm Short Stories with Theresa - SOL
21 Chinese New Year Year of the Dragon	22 10:00am Exercises - SOL 11:00am Mens Exercise - Wallace 1:30pm Woodshop - SOL 3:00pm KES kid visit - SOL	23 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Karaoke - SOL	24 10:00am Crafts 10:30am Men's Club in Wallace 1:30pm Rocks and Rings - SOL	25 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Balloon Volley Ball - SOL	26 10:00am Time with Tots 11:00am Anglican Communion Service - SOL 1:30pm Baking - SOL 2:30pm Lexicon - SOL	27 10:00am Sensory Fun in Solarium - SOL 2:00pm Bowling with community - SOL
28 	29 10:00am Fun and Fitness - SOL 11:00am Mens Exercise - Wallace 1:30pm Knitting and Handiwork - SOL	30 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Balloon Volley Ball - SOL	31 10:00am Drumfit - SOL 11:00am Drumfit - Wallace 1:30pm Word Games - SOL			