







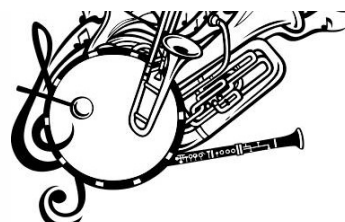


April 2024

Bus outings have limited space and a waitlist - Please sign up with Recreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter Monday 10:00am Exercises - SOL 1:30pm Movie - SOL	2 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Live Music with RULE62 - SOL	3 10:00am Crafts 10:30am Men's Club in Wallace 1:30pm Gardening - SOL	4 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Baking - SOL 	5 11:00am Sensory Program with Michaela - Vari 1:30pm Stretching - SOL 2:30pm Lexicon	6 10:00am Virtual Reality - SOL 1:30pm Kitchen Music - SOL
7 	8 10:00am Fun and Fitness - SOL 11:00am Mens Exercise - Wallace 1:30pm Knitting - SOL 3:00pm KES Student Visit - SOL	9 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Music with Jeff, Todd, Lucas - SOL	10 10:00am Drumfit - SOL 11:00am Drumfit - Wallace 1:30pm Musical Showcase - SOL	11 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Karaoke - SOL 	12 11:00am Sensory Program with Michaela - Vari 1:30pm Stretching - SOL 2:30pm Lexicon	13 9:00am Community Yard Sale 9am-3pm 
14 	15 10:00am Exercises - SOL 11:00am Mens Exercise - Wallace 3:00pm KES Student Visit - SOL	16 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Live Music - with the Friends - SOL	17 10:00am Crafts 10:30am Men's Club in Wallace 1:00pm Scenic Drive - OUT 1:30pm Gardening - SOL	18 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Gospel Troop	19 10:00am Daycare Visit - Time with Tots - Gard 11:00am Sensory Program with Michaela - Vari 1:30pm Stretching - SOL  2:30pm Lexicon	20 10:00am Virtual Reality - SOL 1:30pm Kitchen Music - SOL
21 	22 10:00am Fun and Fitness - SOL 11:00am Mens Exercise - Wallace 1:30pm Knitting - SOL 3:00pm KES Student Visit - SOL	23 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL	24 10:00am Drumfit - SOL 11:00am Drumfit - Wallace 1:30pm Afternoon tea - SOL	25 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Cribbage game - SOL	26 11:00am Anglican Communion Service - SOL 11:00am Sensory Program with Michaela - Vari 1:30pm Stretching - SOL 2:30pm Lexicon	27 10:00am bowling - SOL 1:30pm Savoury Saturday - SOL 2:30pm Book Club - SOL
28 	29 10:00am Exercises - SOL 11:00am Mens Exercise - Wallace 1:30pm Avon Strings - SOL 3:00pm KES Student Visit - SOL	30 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Campfire - SOL	