











August 2024

Bus outings have limited space and a waitlist - Please sign up with Recreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Movie - SOL	2 10:00am Did you Know - SOL 1:30pm Stretching - SOL 2:30pm Lexicon 2:30pm Lexicon 2 - Wallace - Sitt	3 9:30am Friendly Visits - SOL 10:00am Balloon Games - SOL 1:30pm Tai Chi - SOL 
4 	5 Natal Day 10:00am Walking/Wheeling outside - SOL 11:00am Men's Exercise - Wallace 1:30pm exercises - SOL	6 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Live Music with RULE62 - SOL	7 10:00am Crafts 10:30am Men's Club in Wallace 1:30pm Gardening - SOL	8 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Karaoke - SOL	9 10:00am Daycare Visit - Time with Tots - Gard 1:30pm Stretching - SOL 2:30pm Lexicon 2:30pm Lexicon 2 - Wallace - Sitt	10 9:30am Friendly Visits - SOL 10:00am Bowling - SOL 1:30pm Kitchen Music - SOL 
11 	12 10:00am Walking/Wheeling outside - SOL 11:00am Men's Exercise - Wallace 1:30pm Ice Cream Floats - SOL	13 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Campfire - SOL	14 1:00pm FAMILY FUN DAY/Carnival Games!!! 	15 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Gospel Troop	16 10:00am Did you Know - SOL 1:30pm Stretching - SOL 2:30pm Lexicon 2:30pm Lexicon 2 - Wallace - Sitt 	17 9:30am Friendly Visits - SOL 10:00am Balloon Games - SOL 1:30pm Tai Chi - SOL
18 	19 10:00am Walking/Wheeling outside - SOL 11:00am Men's Exercise - Wallace	20 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Karaoke - SOL	21 10:00am Crafts 10:30am Men's Club in Wallace 1:30pm Music Therapy Showcase in Garden	22 9:30am Coffee Time 9:45am Resident Council Meeting - Wall 10:30am Church Service - SOL 1:30pm Baking - SOL	23 10:00am Daycare Visit - Time with Tots - Gard 1:30pm Stretching - SOL 2:30pm Lexicon 2:30pm Lexicon 2 - Wallace - Sitt	24 9:30am Friendly Visits - SOL 10:00am Bowling - SOL 1:30pm Kitchen Music - SOL 
25 	26 10:00am Walking/Wheeling outside - SOL 11:00am Men's Exercise - Wallace 1:30pm Jeopardy - SOL	27 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Sing-a-long with Wayne in the garden	28 10:00am Drumfit - SOL 11:00am Drumfit - Wallace 1:30pm Cribbage - SOL	29 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Washer Toss - Wall	30 10:00am Did you Know - SOL 1:30pm Stretching - SOL 2:30pm Lexicon 2:30pm Lexicon 2 - Wallace - Sitt	31 9:30am Friendly Visits - SOL 10:00am Balloon Games - SOL 1:30pm Tai Chi - SOL