










November 2024

Bus outings have limited space and a waitlist - Please sign up with Recreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00am Daycare Visit - Time with Tots - Gard 1:30pm Lexicon - SOL 1:30pm Lexicon 2 - Blenkhorne Dining	2 9:00am Friendly Visits - SOL 10:00am Chair Yoga - SOL 1:30pm kitchen music 
3 	4 10:00am Exercises - SOL 11:00am Men's Exercise - Wallace 1:30pm Word Games 3:00pm Kings Edgehill Student visit	5 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Live Music with RULE62 - SOL	6 9:00am Walking Program - SOL 10:00am Drumfit - SOL 11:00am Men's Club - Wallace	7 9:30am Coffee Time 10:30am Church Service - SOL 2:00pm Memorial Service - SOL	8 10:00am Crafts - SOL 1:30pm Lexicon - SOL 1:30pm Lexicon 2 - Blenkhorne Dining 	9 9:00am Friendly Visits - SOL 10:00am Active Games - Wall 1:30pm Tai Chi - SOL
10 	11 Remembrance Day 10:30am Remembrance Day service - SOL 1:30pm Friendly Visits - SOL	12 10:00am Santa visit and sing-along - SOL 1:30pm Bingo - SOL 3:00pm Chair Yoga - SOL 6:00pm Music with Brad McGoey - SOL	13 9:00am Walking Program - SOL 10:00am Crafts 11:00am Men's Club - Wallace	14 9:30am Coffee Time 10:30am Church Service - SOL 1:30pm Afternoon Tea - SOL 1:30pm Special Events Trike-o-Bike shopping - SOL	15 10:00am Daycare Visit - Time with Tots - Gard 1:30pm Lexicon - SOL 1:30pm Lexicon 2 - Blenkhorne Dining	16 9:00am Friendly Visits - SOL 10:00am Chair Yoga - SOL 1:30pm kitchen music
17 	18 10:00am Exercises - SOL 11:00am Men's Exercise - Wallace 1:30pm Word Games 3:00pm Kings Edgehill Student visit	19 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 6:00pm Live Music - with the Friends - SOL	20 9:00am Walking Program - SOL 10:00am Drumfit - SOL 11:00am Men's Club - Wallace 1:30pm Baking - SOL	21 9:30am Coffee Time 9:45am Resident Council Meeting - Wall 10:30am Church Service SOL 1:30pm Gospel Troop 	22 10:00am Crafts - SOL 1:30pm Lexicon - SOL 1:30pm Lexicon 2 - Blenkhorne Dining	23 9:00am Friendly Visits - SOL 10:00am Active Games - Wall 1:30pm Tai Chi - SOL 
24 	25 10:00am Chair Dance - SOL 11:00am Men's Exercise - Wallace 1:30pm Word Games - SOL 3:00pm Kings Edgehill Student visit	26 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 3:00pm Chair Yoga - SOL 6:00pm Karaoke - SOL	27 9:00am Holiday Photos 9-3 - SOL 11:00am Men's Club - Wallace 1:30pm Friendly Visits - SOL	28 9:30am Coffee Time 10:30am Church Service - SOL 12:00pm Holiday Craft Sale 12-3:30 - SOL	29 10:00am Daycare Visit - Time with Tots - Gard 11:00am Anglican Communion Service - SOL 1:30pm Lexicon - SOL 1:30pm Lexicon 2 - Blenkhorne Dining	30 9:00am Friendly Visits - SOL 10:00am Dance performance - SOL 1:30pm Music with Puppet People - SOL